

Pine Trail Run 50K

Course Summary

Race date: May 2, 2020

Segment #	Beginning Location & Elevation	Ending Location & Elevation	Segment Distance Miles	Total Miles to End of Segment	Elevation Ascent in Segment	Elevation Descent in Segment	Trail Sequence	Closing time of Aid Station at End of Segment	What is at Aid Station at End of Segment
1	Start at Pine Trailhead 5,370'	Aid Station #1 Geronimo Trailhead 5,430'	8.6	8.6	1,800'	1,740'	Trail #31 east	10:00 AM (4:00 hours race time)	Volunteers to record all runner bib #s and times; canopy; chairs; tables; water; energy drink; snack-type foods; radio/cellphone contact; first aid kit; porta-potty
2	Aid Station #1 Geronimo Trailhead 5,430'	Aid Station #2 West Webber Trailhead 7,230'	4.3	12.9	2,100'	300'	Trails #31 west, #240 north, #217 west, #228 west	12:30 PM (6:30 hours race time)	Volunteers to record all runner bib #s and times; canopy; chairs; tables; water; energy drink; snack-type foods; radio/cellphone contact; first aid kit; porta-potty
3	Aid Station #2 West Webber Trailhead 7,230'	Aid Station #3 Gen. Crook Trailhead 7,240'	6.3	19.2	500'	490'	FR #218 north, FR #218A north, Crook Trail west, FR #6038 south	3:00 PM (9:00 hours race time)	Volunteers to record all runner bib #s and times; canopy; chairs; tables; water; energy drink; snack-type foods; radio/cellphone contact; first aid kit; porta-potty
4	Aid Station #3 Gen. Crook Trailhead 7,240'	Aid Station #4 Good Enough Trail junction 6,160'	7.3	26.5	1,000'	2,080'	FR #6038 south, Trail #26 south	5:30 PM (11:30 hours race time)	Volunteers to record all runner bib #s and times; chairs; table; water; energy drink; radio/cellphone contact; first aid kit.
5	Aid Station #4 Good Enough Trail junction 6,160'	Finish at Pine Trailhead 5,370'	4.6	31.1	400'	1,190'	Trails #26 south, #28 east, #31 west	7:00 PM (13 hours race time)	Volunteers to record all runner bib #s and finishing times; canopies; chairs; tables; water; radio/cellphone contact; first aid kit; porta-potty; rides to parking area.
	Totals		31.1		5,800'	5,800'			

Notes:

- Distances, Climb, and Descent are estimated from GPS track data on caltopo.com mapping website.
- For May 2, Sunrise = 5:34 AM; Sunset = 7:11 PM. 50K Start time = 6:00 AM, Finish time limit = 13 hours = 7:00 PM (all times MST).